

SCIENTIFIC PROGRAMMES

Time	Day 1 Morning - 11 January 2019 (Friday), KK Women's and Children's Hospital Auditorium
0830-0900	Registration
0900-0910	Opening Address <i>Prof George Yeo, KKH, Singapore</i>
0910-0915	GESTATIONAL DIABETES IN ASIA, OCEANIA AND THE PACIFIC SYMPOSIUM <i>Chairperson: Prof Ounjai Kor-anantakul, AOFOG MFM Committee, Thailand</i>
0915-0925	Update on Asia Oceania Consensus in Gestational Diabetes <i>Dr Tony Tan, Raffles Hospital, Singapore</i>
0925-0940	Gestational Diabetes in Asia-Pacific Hemisphere: Are There Differences in Ethnicities and with Geography? <i>Prof Tan Kok Hian, IPRAMHO International, Singapore</i>
0940-0955	Gestational Diabetes Mellitus in Siriraj Hospital, Thailand: An Update <i>A/Prof Dittakan Boriboonthirarn, AOFOG MFM Committee, Thailand</i>
0955-1010	Pregnancy Outcome of Gestational Diabetes Mothers Diagnosed with the IADPSG Criteria in a Tertiary Care Centre, Sri Lanka <i>Prof Tiran Dias, University of Kelaniya, Sri Lanka</i>
1010-1025	Influencing Factors for Gestational Abnormal Glucose Metabolism among Pregnant Women in Guangdong, China <i>Prof Chen Weiqing, Sun Yat-Sen University, China</i>
1025-1045	Coffee Break
1045-1050	IPRAMHO OPTIMAL PERINATAL NUTRITION ADVOCACY SYMPOSIUM <i>Chairperson: Dr Tony Tan, AOFOG MFM Committee, Singapore</i>
1050-1105	Maternal – Perinatal Nutrition <i>Prof Ounjai Kor-anantakul, Prince of Songkla University, Thailand & AOFOG MFM Committee Chairperson, Thailand</i>
1105-1120	How to Prepare Mothers-to-be for their Baby's first 1000 days: A Childhood Obesity Prevention Strategy <i>Dr Oh Jean Yin, KKH, Singapore</i>
1120-1130	Nutrition Therapy for Gestational Diabetes Mellitus <i>Dr Han Wee Meng, KKH, Singapore</i>
1130-1140	Maternal Weight, Gestational Weight Gain & Birth Weight: Insights from the IPRAMHO NORA Study <i>Dr He Song, SingHealth OBGYN Residency, Singapore</i>
1140-1155	Influences of Perinatal Diet on Maternal & Child Health: Insights from the GUSTO Study <i>Dr Mary Chong, NUS, Singapore</i>

SCIENTIFIC PROGRAMMES

Time	Day 1 Afternoon - 11 January 2019 (Friday), KK Women's and Children's Hospital Auditorium		
1200	LAUNCH OF PERINATAL SOCIETY OF SINGAPORE NUTRITION GUIDELINES		
1200-1205	IPRAMHO Initiative on Optimal Perinatal Nutrition & Perinatal Society of Singapore Advocacy Group for Engagement in Optimal PERinatal Nutrition (PAGE-OPEN) <i>Prof Tan Kok Hian, President of Perinatal Society, Singapore</i>		
1205-1220	Transgenerational Perinatal Nutrition – Optimising Nutrition for Mother, Baby and Child <i>Dr Chua Mei Chien, KKH & Chair of PAGE-OPEN, Singapore</i>		
1220-1230	Opening Remarks <i>Guest-of-Honour: Dr Amy Khor, Senior Minister of State for Health, Singapore</i>		
1230-1235	Launch of the Optimal Perinatal Nutrition Guidelines		
1230-1300	Lunch & Poster Exhibition		
1300-1305	IPRAMHO METABOLIC HEALTH INNOVATION SYMPOSIUM AND TECHNOLOGY ADVANCE UPDATES <i>Lead: A/Prof Ang Seng Bin, KKH, Singapore</i>		
1305-1325	Impact of Continuous Glucose Monitoring and Artificial Intelligence in Diabetes Care <i>A/Prof Ang Seng Bin, KKH, Singapore</i>		
1325-1400	Nutrition Plate Portion Design and Guideline Adherence <i>Dr Dirk de Korne, KKH, Singapore</i>		
	Auditorium, KKH		Punggol Polyclinic, SingHealth
1400	IPRAMHO EDUCATION SESSION: NATIONAL TRAINING PROGRAM ON GDM MANAGEMENT <i>Leads: A/Prof Tan Lay Kok, SGH & Dr Shephali Tagore, KKH, Singapore</i>	1400	STUDY VISIT TO THE CENTER OF RESEARCH EXCELLENCE (CORE) AT PUNGGOL POLYCLINIC <i>Lead: A/Prof Tan Ngiap Chuan,</i>
1415-1435	Basics of GDM - Definition, Screening and Diagnosis. Comparison of NICE and Local Guidelines <i>Dr Sharon Foo, SingHealth OBGYN Residency, Singapore</i>	1430-1530	STUDY TOUR OF FACILITIES <i>A/Prof Tan Ngiap Chuan, SHP, Singapore</i>
1435-1455	Targeting the Undiagnosed Type 2 Diabetic in Pregnancy - Why, When and How? <i>Dr Celene Hui, SingHealth OBGYN Residency, Singapore</i>	1530-1600	Coffee Break
1455-1515	Antenatal Surveillance for Pre-existing Diabetes and GDM - A Multidisciplinary Approach <i>Dr Tan Eng Loy, SGH, Singapore</i>	1600-1610	Introduction of IPRAMHO <i>Prof Tan Kok Hian, KKH</i>
		1610-1620	Introduction to IPRAMHO Primary Care Research <i>A/Prof Tan Ngiap Chuan, SHP, Singapore</i>

SCIENTIFIC PROGRAMMES

Time	Auditorium, KKH	Time	Punggol Polyclinic, SingHealth
1515-1530	Metformin and Insulin: When to start, Which to start and How to counsel <i>A/Prof Tan Lay Kok, SGH, Singapore</i>		IPRAMHO PRIMARY CARE MODELS FOR METABOLIC HEALTH SEMINAR
1530-1545	Diabetic Emergencies: Recognition and Management <i>Dr Serene Thain, KKH, Singapore</i>	1620-1635	Temasek Foundation Cares GDM Programme & IPRAMHO Initiative: A New Approach of Remodeling Education for GDM Defaulters <i>Ms Asmira Bte Mohamed Rahim, KKH, Singapore</i>
1545-1615	Coffee Break		
1615-1625	Timing and Mode of Delivery for GDM <i>A/Prof Tan Lay Kok, SGH, Singapore & Dr Shivani Durai, SingHealth OBGYN Residency</i>	1635-1650	Temasek Foundation Cares GDM Programme & IPRAMHO Initiative: GDM Postnatal Model of Care <i>Prof Tan Kok Hian, KKH, Singapore</i>
1625-1635	From Bolam-Bolitho to the Modified Montgomery Test: A New Legal Standard of Care in Singapore <i>Dr Ee Tat Xin, SingHealth OBGYN Residency</i>	1650-1705	Developing a Shared Decision Support Tool in Patients with Poorly Controlled Type 2 Diabetes Mellitus <i>A/Prof Tan Ngiap Chuan, SHP, Singapore</i>
1635-1655	Shoulder Dystocia: Anticipation and Management <i>Dr Shephali Tagore & Dr Manisha Mathur, KKH</i>	1705-1720	Development of a Singapore-specific Infant to Preschooler Dietary Assessment for Nurses' Use in the Primary Healthcare Sector <i>Ms Goh Ling Jia, NHGP, Singapore</i>
1655-1710	The UK Management: What the MRCOG Candidate Needs to Know <i>Dr Serene Thain, KKH</i>	1720-1800	IPRAMHO Group Photo at Punggol Waterway Park & Free and Easy at Punggol Polyclinic, OASIS
1710-1725	Infants of Diabetic Mothers (IDM): What is New? <i>Prof Victor Samuel Rajadurai, KKH</i>	1800	Bus pick up to Dinner venue
1900	Asia Pacific Diabetes in Pregnancy Conference & IPRAMHO International Meeting Network Dinner @New Ubin Seafood CHIJMES		

SCIENTIFIC PROGRAMMES

Time	Day 2 - 12 January 2019 (Saturday), KK Women's and Children's Hospital, Board Room
0830-0900	<p>AOFOG MFM Committee Internal Meeting <i>Prof Ounjai Kor-anantakul, AOFOG Chair MFM Committee, Thailand</i></p>
0900-1000 Coffee Break 1000-1030	<p>ASIA OCEANIA CONSENSUS WORKSHOP ON PERINATAL NUTRITION Leads: Prof Ounjai Kor-anantakul & Dr Tony Tan, AOFOG MFM Facilitator: Dr Chua Mei Chien, Perinatal Society of Singapore</p> <p>All participants listed The meeting will be led by AOFOG MFM Committee & Perinatal Society Optimal Perinatal Nutrition (PAGE OPEN) group and will discuss appropriate perinatal nutrition guidelines in various countries in the region. Invited attendees include MFM subcommittee of AOFOG, IPRAMHO Study Group members & regional experts in Perinatal Nutrition (Preconception, Antenatal, Postnatal & Breastfeeding).</p> <p>The objectives of the Asia Oceania Perinatal Nutrition Consensus Workshop:</p> <ol style="list-style-type: none"> 1. Discuss the challenges in Asia Pacific 2. Develop a consensus of Perinatal Nutrition 3. Discuss on publication of the consensus 4. Advocate on appropriate follow-up actions <p>The meeting is supported by IPRAMHO ASIA</p>
1200-1300	<p>Lunch</p>
1300-1345	<p>IPRAMHO-INTERNATIONAL COLLABORATIVE STUDY NETWORK Lead: Prof Tan Kok Hian, IPRAMHO Facilitators: Prof Satvinder Singh Dhaliwal, Australia & Dr Queenie Li Lingjun</p> <p>All participants listed The objectives of IPRAMHO-International Collaborative Study Networking:</p> <ol style="list-style-type: none"> 1. To report the findings of all datasets collected from our collaborators 2. To update the publications from all our findings 3. To collect questions or concerns in clinical data collection from our collaborators in the past year 4. To come up an agreement for all collaboration 5. To discuss the possibility of setting an GDM bank (including blood samples and data) in Asia-Pacific regions 6. To discuss the future research direction in GDM screening and treatment research including expansion to neonatal and child metabolic data <p>The objectives of the Asia Oceania Perinatal Nutrition Consensus Workshop:</p> <ol style="list-style-type: none"> 1. Discuss the challenges in Asia Pacific 2. Develop a consensus of Perinatal Nutrition 3. Discuss on publication of the consensus 4. Advocate on appropriate follow-up actions <p>The meeting is supported by IPRAMHO ASIA</p> <p>Brief Update on Progress of the IPRAMHO-International Study Discussion on study protocol and data collection</p>

SCIENTIFIC PROGRAMMES

Time	Day 2 - 12 January 2019 (Saturday), KK Women's and Children's Hospital, Board Room
1345-1400	Introducing Collaborators from Asia Pacific Region
1400-1500	<p>Asia Pacific GDM Updates</p> <p>Comparison of Diagnostic Screening Approaches for Postpartum Pre-Diabetes and Diabetes among Women with History of Gestational Diabetes <i>Dr Queenie Li, KKH, Singapore</i></p> <p>Update on GDM Screening & Management in Philippines <i>Assoc Professor Valerie T Guinto, University of the Philippines-Philippine General Hospital, Philippines</i></p> <p>Risk Factors of Postpartum Glucose Intolerance in Japanese Women with Gestational Diabetes <i>Asst Professor Kei Miyakoshi, Keio University of Medicine, Japan</i></p> <p>Update on Screening & Management of Gestational Diabetes and Diabetes complicating Pregnancy in Hospital Tuanku Jaafar Seremban, Negeri Sembilan, Malaysia <i>Dr Krishna Kumar Hari Krishnan, Hospital Tuanku Jaafar Seremban, Malaysia</i></p> <p>Gestational Diabetes Mellitus in Myanmar: Epidemiology, Prevalence, and Obstetrical Outcomes (IPRAMHO Study) <i>Assoc Professor Swe Swe Myint, Central Women's Hospital, Myanmar</i></p> <p>GDM Screening & Management in Tu Du Hospital, Vietnam <i>Dr Tran Thi Lien Huong, Tu Du Hospital, Vietnam</i></p>
1500-1530	<p>Discussion on the Next Steps in IPRAMHO-International Collaboration <i>Prof Tan Kok Hian, KKH, Singapore</i></p>
1530	END OF PROGRAMME