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# WELCOME MESSAGE



Dear Colleagues and Friends,

On behalf of the Organising Committee, I welcome all of you to the Singapore Diabetes in Pregnancy Conference (SDIP) & Integrated Platform for Research in Advancing Metabolic Health Outcomes of Women and Children (IPRAMHO) Asia Meeting 2018 at KK Women's and Children's Hospital, Singapore.

Diabetes, obesity and gestational diabetes mellitus (GDM) is a worldwide problem. Asian ethnicities are particularly prone to diabetes and gestational diabetes with high prevalences. This is an issue which many countries in Asia are rightly focusing on now. The Singapore Ministry of Health (MOH) declared 'War on Diabetes' in April 2016 to reduce the heavy burden of this disease for our population, in terms of prevalence, mortality and morbidity. We hope to support this national endeavour and this meeting brings together clinicians, nurses and health professionals to discuss on Gestational Diabetes Mellitus (GDM), obesity and metabolic diseases for women and children. The best preventive efforts start upstream from preconception and at conception in the womb to the early childhood years and thus the optimal strategy for the 'War on Diabetes' must necessarily begin with effective battles against diabetes at this early phase.

The programme at Day 1 will discuss global, regional and local perspectives in gestational diabetes management and diagnosis. It will have an education session on the management of GDM for participants and residents. It will also feature the launch of the COGS GDM Guidelines by COGS. We would like to thank Senior Minister of State Dr Amy Khor for the support of the launch.

At Day 2, the programme will invite the AOFOG MFM committee and regional experts in GDM to

discuss screening and diagnostic approaches for GDM as well as future research to address the current gaps in GDM in Asia-Oceania. Here we have support from various hospitals in countries of Asia-Oceania including Australia, China, Indonesia, Japan, Myanmar, Malaysia, Philippines, Sri Lanka & Thailand. There will be a consensus workshop on GDM in Asia-Oceania and also a research investigator network meeting to initiate the first joint multicentre study in GDM in Asia-Oceania.

I am happy for the support by several key organizations - College of Obstetricians & Gynaecologists, Singapore (COGS), Obstetrical & Gynaecological Society of Singapore (OGSS), Perinatal Society of Singapore (PSS), Maternal Fetal Medicine (MFM) Committee of the Asia and Oceania Federation of Obstetrics & Gynaecology (AOFOG) and SingHealth Duke-NUS OBGYN Academic Clinical Programme and SingHealth Duke-NUS Diabetes Centre.

I would like also to thank the support of the NMRC funded collaborative centre grant – Integrated Platform for Research in Advancing Metabolic Health Outcomes in Women and Children (IPRAMHO) which involves KK Women's and Children's Hospital, SingHealth Polyclinics and National Health Group Polyclinics.

We look forward to seeing you at this exciting SDIP Conference & IPRAMHO Asia Meeting! We thank everyone for the support and wish everyone a fruitful academic experience.



**Prof TAN Kok Hian**

Chairman, Organising Committee  
Lead, NMRC Integrated Platform for Research in Advancing Metabolic Health Outcomes of Women and Children (IPRAMHO)  
President Perinatal Society of Singapore  
Head & Senior Consultant, Perinatal Audit & Epidemiology, KK Women's & Children's Hospital